

PRAYER TOOLS

THE LORD'S PRAYER

MATTHEW 6:9-13 & LUKE 11:2-4

- *"Our Father in heaven, hallowed be your name,*
PRAISE HIM AND DECLARE HOW AWESOME AND MIGHTY HE IS. TELL HIM WHAT HE MEANS TO YOU AND WELCOME THE HOLY SPIRIT INTO YOUR LIFE.
- *Your kingdom come, your will be done, on earth as it is in heaven.*
DECLARE THIS OVER YOURSELF, YOUR FAMILY, YOUR MARRIAGE, YOUR CHURCH, YOUR COMMUNITY. SURRENDER YOUR WILL TO HIS.
- *Give us today our daily bread.*
PRESENT YOUR FINANCES TO GOD; THANK HIM FOR HIS FAITHFULNESS AND ASK HIM TO BLESS YOU FINANCIALLY SO THAT YOU CAN BE A BLESSING TO OTHERS.
- *Forgive us our debts, as we also have forgiven our debtors.*
REPENT OF ANY KNOWN SINS AND ASK HIM TO REVEAL ANY SIN YOU AREN'T AWARE OF. RELEASE FORGIVENESS TO THOSE WHO HAVE SINNED AGAINST YOU OR OFFENDED YOU AND AUDIBLY BLESS THEM.
- *Lead us not into temptation, but deliver us from the evil one.*
ASK GOD TO ALERT YOU TO ANY TEMPTATIONS THAT COME YOUR WAY THROUGHOUT THE DAY AND TO GIVE YOU WISDOM TO STEER CLEAR OF ANY TRAPS OF THE ENEMY.
- *For Yours is the Kingdom, the power, and the glory, forever."*
GIVE YOURSELF TO HIM FOR HIS SERVICE AND PRAISE HIM AS YOU FINISH YOUR TIME IN PRAYER.

THE PRAYER OF JABEZ

1 CHRONICLES 4:9

"Oh, that you would bless me and expand my territory! Please be with me in all that I do, and keep me from all trouble and pain!"

- *"Bless me"*
EXPECT GOD TO BLESS YOU AND LET HIM DETERMINE HOW HE WILL DO IT.
- *"Expand my territory!"*
ASK GOD TO FULFILL HIS CALLING IN YOUR LIFE; TO INCREASE YOUR INFLUENCE AND TAKE YOU TO THE NEXT LEVEL SO HE CAN USE YOU TO IMPACT OTHERS AND ADVANCE HIS KINGDOM.
- *"Be with me in all that I do"*
ASK GOD TO ANOINT YOU BY HIS SPIRIT AND FUEL YOU BY HIS GRACE; ASK GOD FOR WISDOM, FAVOR, AND HIS PRESENCE.
- *"Keep me from all trouble and pain"*
CONFESS ALL KNOWN SIN AND PRAY FOR HIS PROTECTION.



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SCRIPTURE DECLARATION / PRAYER

- *Example:*

“No weapon formed against me (us) shall prosper (Isa 51:17a). No evil shall befall me, nor any plague come near my (our) dwelling (Ps 91:10). Every tongue that accuses me (us) in judgment I (we) will condemn. This is my (our) inheritance and my (our) vindication is from You (Isa 51:17b).”

- *Therefore (Personal Application):*

I cancel every assignment that's not from God against me (us); I turn away and negate every curse or negative word spoken against me (us); in its place I speak blessing! I speak... (provision, abundance, peace, wisdom, grace, mercy, etc).

WORSHIP & PRAYER

- Put on a favorite song or playlist; begin to sing along and don't be afraid to add your own lyrics. Pray in tongues if you have a spiritual language.
- As things enter your mind/heart, bring them up to the Lord. It may be praise; it may be a declaration of His power or promises; it may be confession; it may be intercession for someone else...
- Confess who God is to you and surrender yourself to Him; humble yourself in His presence and let Him know you both want and need Him in your life today.
- Be quiet and listen to what He has to say to you. Write down anything that jumps out in a journal.

LET THE BIBLE READ YOU

- As you read the Bible and come across a passage that stands out to you, pause and reflect. Why is this jumping out to you? Is it an area that you're struggling with? Is it a promise you are yet to experience? Is it something a friend or family member is dealing with? After you reflect, PRAY, then move on and continue reading.
- *Example:*
“Lord, I see this in your Word but no matter how hard I try, I can't seem to live it out. Help me! Change me by your grace; transform me from the inside out. Your word is more true than my experience or feelings and Your word has the power to change my life. I can't change myself. Have Your way in me...”

THE “LIST”

- Take 60 seconds a minute and write out a list of what is in your heart to pray for. Set a timer and go ahead and pray through each item on the list, one by one. Allow God to inform your prayers.

ALIGNMENT PRAYER

- When your heart feels out of alignment with God (a sense of overwhelm, extra 'fleshy' or frustrated, etc), put on some worship music with lyrics that describe who God is or find Bible verses where God describes who He is. Begin to remind yourself who God is. As you do, ask God to align your heart with His so that His peace may overwhelm your anxiety.